

29-30 MAY 2019, ATHENS
STAVROS NIARCHOS FOUNDATION CULTURAL CENTER

PROGRAMME

WEDNESDAY - May 29, 2019

THURSDAY - May 30, 2019

WEDNESDAY - May 29, 2019		THURSDAY - May 30, 2019	
8:00-9:00	Registrations		
9:00-9:30	Opening remarks		<p>Science - Research – Evidence (PART I) Chair: <i>Stavros Topouzis</i></p> <p><i>Epidemiology & Social Issues (Perception risk, Attractiveness etc.)</i> - Electronic cigarette use among adolescents in Greece: A cross-sectional school study in the Metropolitan area of Athens, <i>Nadia Maglara</i> - Patterns of use, past smoking status and biochemically verified current smoking status of heated tobacco product (IQOS) shops customers: preliminary results, <i>Efthymia Panagiotopoulou</i></p> <p><i>Toxicology and aerosol chemistry ...</i> - Aldehyde content in the vapour produced by Glo, <i>Nikolaos Vlachos</i></p> <p><i>Biomarkers' evaluation in animal or human studies</i> - Electronic cigarette smoking increases arterial stiffness and oxidative stress to a lesser extent than a single conventional cigarette: an acute and a chronic study, <i>Dimitrios Vlastos</i> - Electronic cigarette smoking causes less impairment of platelet function and oxidative stress than tobacco cigarette smoking, <i>Gavriella Kostelli</i></p> <p><i>Preclinical evaluation</i> - The <i>in vitro</i> assessment of a tobacco heating product (GLO), <i>Damien Breheny</i> - A six-month systems toxicology inhalation/cessation study in ApoE^{-/-} mice to investigate cardiovascular and respiratory exposure effects of a potential candidate & a candidate MRTP, CHTP 1.2 & THS 2.2 respectively, compared with cigarettes, <i>Bjoern Titz</i></p>
9:30-11:00	<p>Epidemiology & Prevention of Smoking: Where do we stand? Chairs: <i>Dimitris Kouretas & Mina Gaga</i> - The Global Burden of Tobacco: The emerging scenery, <i>Adamantia Liapikou</i> - Epidemiological data from e-cigarette in Greece, <i>Anastasia Barbouni</i> - Prevention of smoking in adolescents: helped or hindered by e-cigarettes?, <i>Lion Shahab</i></p>	9:00-11:00	

11:00-11:30	Coffee Break		
11:30-13:00	Tobacco Control – Smoking Cessation Chairs: <i>Elias Tsougos & Paraskevi Katsaounou</i> - Organization and operation of a smoking cessation clinic, <i>Kallirrhoe Kourea</i> - Smoking Cessation in cardiovascular patients, <i>Georgios Goumas</i> - Smoking Cessation in respiratory patients, <i>Zafeiria Barbaressou</i> - Should octagenarians quit smoking?, <i>Vassiliki Giannakopoulou</i>		Science - Research – Evidence (PART II) Chairs: <i>Konstantinos Poulas & Ignatios Ikonomidis</i> Smoking cessation - Effects of Varenicline and nicotine replacement therapy on arterial elasticity, endothelial glycocalyx and oxidative stress during a 3-month smoking cessation program, <i>Margarita Marinou</i> - E-cigarette use and biochemically confirmed smoking status of a random sample of vapers customers in Greece, <i>Eleni Diamantopoulou</i> - Role of healthcare practitioners in enabling and accelerating smoking cessation among their smoker patients- a UK perspective, <i>Sudhanshu Patwardhan</i> - Association of flavored nicotine salt pod system use and subsequent switching behavior, <i>Carrie M. Carretta, Jeff Vaughan, and Will Mullen</i> - Transitions in adults' cigarette smoking status associated with using JUUL vaping products for three months, <i>Christopher Russell</i> Clinical Assessment and Harm Reduction - Tobacco heating system vs. combustible cigarettes: can lung function parameters be improved?, <i>Francesco Sergio</i> - Smoking cessation & novel smoking products, <i>Ignatios Ikonomidis</i>
13:00-13:30	Keynote Lecture: Nicotine vs. smoke: key differences in effects and risks, <i>Jacques Le Houezec</i> Chair: <i>Ignatios Ikonomidis</i>	11:30-13:30	
13:30-14:30	Lunch Break Poster Presentation & Discussion	13:30-14:30	Lunch Break
14:30-16:30	Tobacco Control – Harm Reduction & Public Health <i>Tobacco Harm Reduction and Tobacco Control: complementary or contradictory?</i> Chairs: <i>Konstantinos Farsalinos & Michael Toumbis</i> - Harm reduction in smoking. Wolf in sheep's clothing, <i>Paraskevi Katsaounou</i> - The Changing Global Picture of Tobacco Harm Reduction, <i>Karl Fagerström</i> - The case of snus, <i>Lars Ramstrom</i> - Harm reduction in Iceland, <i>Karl Snæbjörnsson</i> Panel Discussion: Why is Tobacco Harm Reduction so Divisive? Panelists: <i>Martin Dockrell, Lion Shahab</i>	14:30-16:00	Panel Discussion: Clinical practice experience on Smoking Cessation Chair: <i>Michael Toumbis</i> Panelists: <i>Angeliki Florou, Kallirrhoe Kourea, Sudhanshu Patwardhan, Vassiliki Doumou</i>
		16:00-16:30	Coffee Break
16:30-17:00	Coffee Break	16:30-17:00	Keynote Lecture: The dilemma of smoking addiction in psychiatric patients, <i>Solomon Rataemane</i> Chair: <i>Anastasia Barbouni</i>

17:00-19:00	<p>Regulation and Public Health & Policy Chairs: <i>Konstantinos Poulas & Anastasia Barbouni</i> - Implementation of Harm Reduction Policies in Public Health, <i>Kostas Athanasakis</i> - How to evaluate the alternative Tobacco Products - FDA's Regulatory Approach, <i>Michael Toumbis</i> - A Tobacco Control Plan for England – Challenges and Achievements, <i>Martin Dockrell</i> - The case in Greece: Considerations & Opportunities, <i>Dimitris Richter</i></p> <p>Panel Discussion: Main Priorities of Public Health and how to integrate innovative and traditional health policies into an effective Tobacco Control Plan</p> <p>Panelists: <i>Solomon Rataemane, Karl Snæbjörnsson, Karl Fagerström, Sudhanshu Patwardhan, Konstantinos Farsalinos</i></p>	17:00-18:00	<p>Panel Discussion – Bioethics: Key considerations and how to maximize benefits for smokers and minimize potential harms for youth Chair: <i>Tina Garani-Papadatos</i></p> <p>Panelists: <i>Lion Shahab, Nikos Dedes, Emiliios Negis, Christopher Russell, Manolis Souvatzis</i></p>
			18:00-18:30